

Living Skills: Living skills include all of the areas of development that are integral to everyday routines and daily living situations. Living skills can include (but are not limited to) accessing community services, accessing public transportation, budgeting, hygiene maintenance, clothing maintenance, preparing nutritious meals, maintaining good personal health, parenting and other individually identified skills required to support a client's day to day living challenges. Provider must note client progress according to ASPENPOINTE documentation standards. Requests for living skills vouchers must be clearly defined, individualized to the person, and correspond to an established curriculum of learning.

Employment Counseling: Employment counseling includes developing and implementing a suitable employment plan that helps the client gain suitable employment, internship, or apprenticeship. Employment counseling focuses on realistic employment goals utilizing an employment plan/curriculum implemented by the provider and client. The employment counselor must note progress according to ASPENPOINTE documentation standards.

Pastoral/Faith Based Support: Pastoral guidance shall be provided by a trained or certified faith leader or their equivalent, such as a pastor, minister, reverend, rabbi, etc. Pastoral/Faith Based support is intended to assist individuals and/or their family members in the processing and resolution of circumstances, attitudes, and/or beliefs that result from substance abuse. Pastoral support that is specifically codified within a religious organization shall determine the nature and practice of the guidance performed. Pastoral Support, like any service, must document services in comparison to claims reimbursement according to ASPENPOINTE documentation standards.

GED Preparation Training: GED preparation is designed to help clients achieve the necessary academic skills to pass the state licensed GED test. As part of the GED test, clients are prepped in mathematics, social studies, science, reading, and writing necessary to bring the client to a level satisfactory to test for their GED. GED preparation training must be taught by a Licensed Colorado Department of Education Teacher.

GED Testing: GED testing must be provided at a site licensed and certified by the Colorado Department of Education. Clients testing for their GED will be allowed one attempt utilizing ATR funding. Reimbursement for GED testing shall not exceed state standards set by location.

Supportive Housing Services (House rules are required and subject to review): Supportive Housing includes residences or congregate living situations providing a supportive living environment to recovering alcohol and drug abusers. Supportive housing providers are required to ensure ATR clients maintain sobriety throughout the duration of their stay (performing drug/alcohol screening upon arrival at home after day pass, after social activity, etc.). Supportive housing providers must provide pro-social activities, employment coaching, and living skills to clients residing at the house. Residents may participate in 12-step meetings at the home or in the community to help maintain their sobriety and pursue other activities, including employment and outpatient treatment. Supportive housing is vouchered for a maximum of three (3) months. However, if a client does not utilize housing for the entire month (due to breaking house rules, etc.) his/her voucher will be prorated for the actual length of stay and additional housing dollars will not be allowed.

Alcohol and Drug-Free Social Activities: Alcohol and drug-free activities expose clients to healthy environments and positive peer interaction through an organized social activity. Providers must have a plan in place to ensure sobriety for the duration of the event. Activities must help increase the client's pro-social skills in an effort to assist them in maintaining a drug-free lifestyle. Activities must be pre-approved on a case-by-case basis by submitting the alcohol and drug-free social activity form to the Recovery Support Services Coordinator.

Peer Coaching or Mentoring: Peer coaching or mentoring refers to a one-on-one relationship in which a peer leader with more recovery experience than the person served encourages, motivates, and supports the client who is seeking to establish or strengthen his or her recovery. Peer mentors or coaches assist with tasks such as setting recovery goals, developing recovery action plans, and solving problems directly related to recovery. Peer coaches or mentors must be certified through third party SAMHSA approved training that demonstrates the peer providing the service is fully aware of client/provider boundaries and ethics. SAMHSA approved training is offered for those needing certification. Peer coaches must note client progress according to ASPENPOINTE documentation standards.

Telephonic Recovery Support: Client will receive periodic but regular telephonic recovery support from a Certified Addictions Counselor for up to 2 years. The client and their telephonic counselor will create a personalized recovery plan. This includes setting goals that support the client's continued sobriety, and their overall life goals. Their telephonic counselor will provide encouragement to the client as they work through the "rough spots" and celebrate successes with each step forward along the recovery path.